

Fact sheet (City of Poznan; Poland)

Intervention theme:	Alcohol prevention
User group:	Adolescents (13 to 19 – year – old)
Used methods:	Focus group, Workshop
Used eTools:	application supporting the therapists and other specialists working within the area of the young people's addictions (the new application in progress: 1 st part: survey questionnaire – as the diognostical tool, 2 nd part: tracks – taking up the challenge/s supporting ceasing the alcohol)

Further information about the pilot:

Our partner PHA from Poland is the City of Poznan. The BaltCityPrevention project end user group are children and teenagers from 13 to 19 years-old. The planning of the pilots is based on the intervention model developed within the project and the corresponding toolboxes. The pilot is divided into three **workshop cycles**. Each cycle consists of **seven individual Workshop sessions** in which different methods such as **focus group/group discussions and presentations** are implemented. In the workshops, students are sensitized to the topic of alcohol and how to deal with it. In addition to the workshop cycles, early **single interventions** with some students will be carried out. During this above mentioned early single intervention the evaluation of ~~an~~ the eTool and the testing of the Motivational Interviewing method will be conducted. In addition to the current pilot, a successful hackathon was conducted with the participation of: young people – students of Cognitive Science, Psychology and IT, IT Specialists (from SME's sector – as mentors and judges), the representatives of PHAs (as mentors and judges). The hackathon (Addicton

2019) aim was to create a new e-solution supporting the therapists and other specialists working within the area of the young people's addictions, as well as teenagers, to decrease or cease the use of alcohol and other psychoactive substances by adolescents. All the results of the hackathon were very interesting and the most suitable ones will be implemented in piloting actions as well as after finalizing the project.

The methods used and the intervention model applied will be evaluated and adapted during and after the pilot phase in order to increase their usability and practicability.

In order to facilitate the internal evaluation of the project, a pre- and post-evaluation of the entire pilot was carried out.